



Nurses available
anytime you
need them



BlueCross BlueShield
of New Mexico



Blue Cross
Community CentennialSM

**Could your child's fever
or sore throat turn into
something more serious?**

**Should you go to the ER if you're
having a 1 a.m. asthma attack?**

**The 24/7 Nurseline can help
you figure out if you should call
your doctor, go to the ER, or
treat the problem yourself.**

Toll-free: **877-213-2567** TTY: **711**

Hours of Operation: **Anytime**

Health problems don't always follow a 9-to-5 schedule. As a Blue Cross Community CentennialSM member, you have access to registered nurses at **877-213-2567** (TTY: **711**).

Nurses are available 24 hours a day, seven days a week. They can help you with your health concerns and give general health tips. And they can help you decide if you should see your doctor, go to the Emergency Room or Urgent Care, or treat and/or monitor the condition for the time being yourself.

When should you call?

The toll-free Nurseline can help you get answers to questions about health problems, such as:

- Asthma, back pain, or chronic health problems
- A baby's nonstop crying
- High fever
- Dizziness or severe headache
- Cuts or burns
- Sore throat

Plus, when you call, you can access an audio library of more than 500 health topics from allergies to women's health.

Get the information you need, just when you need it.

Note: For medical emergencies, call 911. This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.

To ask for auxiliary aids and services or materials in other formats and languages at no cost, please call 1-866-689-1523 (TTY/TDD: 711).

Blue Cross and Blue Shield of New Mexico complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yánítti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiiik'eh, éí ná hóló, kójjí' hódíílnih 1-855-710-6984 (TTY: 711).

Such services are funded in part with the State of New Mexico.

The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan.

Limitations, copayments, and restrictions may apply.

Benefits, formulary, pharmacy network, and/or copayments/coinsurance are subject to change.

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