



## Blue Cross and Blue Shield of New Mexico is your EPSDT partner in care.

### What is EPSDT?

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) provides comprehensive and preventive health care services for children under 21 years of age who are enrolled in Medicaid. The goal of EPSDT is to ensure that individual children get the health care they need. For this reason, each screening is unique to the needs of the child.

### EPSDT services provide:

- Screening
- Diagnosis and treatment
- Personal Care Services
- Rehabilitation Services
- Case Management
- Comprehensive unclothed physical exam
- Therapies
- Mental Health Services
- Medical Health Services
- Vision
- Hearing
- Dental
- Appropriate immunizations
- Laboratory tests
- Lead toxicity screening
- Health education (anticipatory guidance including child development, healthy lifestyles and accident and disease prevention)
- Developmental screenings that are part of the well-child visit
- Transportation and scheduling assistance

## TIPS TO CONSIDER

- Any qualified provider operating within the scope of his or her practice, as defined by state law, can provide a screening service.
- A service does not need to cure a condition to be covered under EPSDT.
- Diagnoses can generally be made on an outpatient basis.
- Services that maintain or improve the child's current health condition are also covered in EPSDT because they treat the child's health and wellbeing.
- In addition to the screenings and services listed, EPSDT services may include private duty nursing and other treatments to improve a condition. EPSDT can provide parents or guardians support via a personal care service helping the member with activities of daily living.

## COMMON CODES USED FOR EPSDT

### Preventive Services\*

CPT Codes:	Description
<b>99381</b>	New patient under one year
<b>99382</b>	New patient (ages 1-4 years)
<b>99383</b>	New patient (ages 5-11 years)
<b>99384</b>	New patient (ages 12-17 years)
<b>99385</b>	New patient (ages 18-20 years)
<b>99391</b>	Established patient under one year
<b>99392</b>	Established patient (ages 1-4 years)
<b>99393</b>	Established patient (ages 5-11 years)
<b>99394</b>	Established patient (ages 12-17 years)
<b>99395</b>	Established patient (ages 18-20 years)
<b>99460</b>	Initial care in a hospital or birthing center for normal newborn infant
<b>99461</b>	Initial care in other than a hospital or birthing center for normal newborn infant

\*These CPT codes do not require use of a "Z" code.

### Evaluation and Management Codes\*\*

CPT Codes:	Description
<b>99202-99205</b>	New patient
<b>99213-99215</b>	Established patient

\*\*The above CPT codes must be used in conjunction with at least one of the following "Z" diagnosis codes: Z00.0D through Z00.129, Z00.8, Z02.89 and Z76.1 - Z76.2.

Per CDC, well-child visits are essential for tracking growth and developmental milestones, getting scheduled vaccinations and discussing concerns about a child's health to prevent illnesses and serious diseases.