



Providers must call Blue Cross and Blue Shield of New Mexico (BCBSNM) at 888-898-0070 to check benefits. For initial services, complete this form, print and fax to BCBSNM at 877-361-7659, or access the Availity® Essentials Authorizations tool and submit online.

Date _____

Check One: [] Initial Request [] Concurrent [] Discharge
Patient Name _____ Patient Date of Birth _____
Subscriber Name _____ Subscriber ID _____ Group _____

Facility/Provider Name _____ NPI _____
Address _____ City _____ State _____ Zip _____
Primary MD Full Name _____ MD NPI _____
Address _____ City _____ State _____ Zip _____
Utilization Reviewer/Contact Name _____ Phone _____ Ext. _____ Fax _____
ECT History: Has patient had ECT in the past? [] Yes [] No
Past frequency? _____ (x per week/month)
Brief details of ECT to date: _____
Is this a transition after inpatient ECT? [] Yes [] No
Current ECT plan frequency _____ (x per week/month)
Visits requested (Current Procedural Terminology (CPT®) code): [] 90870 # _____
Requested ECT authorization start date _____ Tentative end date of treatment: _____

Current DX – Please list ICD-10 code(s), diagnosis name, specifier and all medical diagnoses.

ICD-10 Code _____ DX Name _____ Specifier _____
ICD-10 Code _____ DX Name _____ Specifier _____
ICD-10 Code _____ DX Name _____ Specifier _____
ICD-10 Code _____ DX Name _____ Specifier _____

Medications (dosages):

Current clinical presentation/risk factors (Substance abuse: Include last date of use):

Previous mental health or chemical dependency treatment:

Current treatment goals:

Discharge plan/summary:

My signature confirms that I am providing the requested services:

Signature _____ Date _____

Availity is a trademark of Availity, LLC, a separate company that operates a health information network to provide electronic information exchange services to medical professionals. Availity provides administrative services to BCBSNM. BCBSNM makes no endorsement, representations or warranties regarding third party vendors and the products and services they offer.

CPT copyright 2022 American Medical Association (AMA). All rights reserved. CPT is a registered trademark of the AMA.

Blue Cross®, Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

