

If a conflict arises between a Clinical Payment and Coding Policy and any plan document under which a member is entitled to Covered Services, the plan document will govern. If a conflict arises between a CPCP and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern. "Plan documents" include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents. Blue Cross and Blue Shield of New Mexico may use reasonable discretion interpreting and applying this policy to services being delivered in a particular case. BCBSNM has full and final discretionary authority for their interpretation and application to the extent provided under any applicable plan documents.

Providers are responsible for submission of accurate documentation of services performed. Providers are expected to submit claims for services rendered using valid code combinations from Health Insurance Portability and Accountability Act approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing Editor, American Medical Association, Current Procedural Terminology, CPT® Assistant, Healthcare Common Procedure Coding System, ICD-10 CM and PCS, National Drug Codes, Diagnosis Related Group guidelines, Centers for Medicare and Medicaid Services National Correct Coding Initiative Policy Manual, CCI table edits and other CMS guidelines.

Claims are subject to the code edit protocols for services/procedures billed. Claim submissions are subject to claim review including but not limited to, any terms of benefit coverage, provider contract language, medical policies, clinical payment and coding policies as well as coding software logic. Upon request, the provider is urged to submit any additional documentation.

# **Preventive Services Policy**

**Policy Number: CPCP006** 

Version: 1.0

Enterprise Clinical Payment and Coding Policy Committee Approval Date: December 12, 2024

Effective Date: January 1, 2025

**Definitions** 

The following acronyms have been utilized throughout this reimbursement policy

ACIP: Advisory Committee on Immunization Practices
CDC: Centers for Disease Control and Prevention
FDA: United States Food and Drug Administration
HRSA: Health Resources and Services Administration

PPACA: Patient Protection and Affordable Care Act of 2010

USPSTF: United States Preventive Services Task Force

# **Description**

Section 2713 of the Patient Protection and Affordable Care Act mandates that private health plans provide coverage of preventive services issued by the following agencies: The United States Preventive Services Task Force, the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention, and the Health Resources and Service Administration with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a non-grandfathered plan. This applies to members belonging to individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include, but are not limited to, examinations and screening tests tailored to an individual's age, health, and family history.

PPACA does not mandate that preventive services be covered at no member cost-share when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.

Grandfathered plans are plans that have been in existence prior to March 23, 2010 and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect providing coverage of preventive services at no member cost share but are not required to do so.

The USPSTF applies a letter grade for each of the recommendations that are released. The grade definitions for USPSTF recommendations released after July 2012 are as follows https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions

Following the recommendation of the USPTF coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a non-grandfathered health plan. The USPTF published recommendations can be found at

https://www.uspreventiveservicestaskforce.org/BrowseRec/Index

Grade	Definition
Α	The USPSTF recommends the service. There is high certainty that the net benefit is substantial.
В	The USPSTF recommends the service. There is high certainty that the net benefit is moderate or there is moderate certainty that the net benefit is moderate to substantial.
С	The USPSTF recommends selectively offering or providing this service to individual patients based on professional judgment and patient preferences. There is at least moderate certainty that the net benefit is small.
D	The USPSTF recommends against the service. There is moderate or high certainty that the service has no net benefit or that the harms outweigh the benefits.
I	The USPSTF concludes that the current evidence is insufficient to assess the balance of benefits and harms of the service. Evidence is lacking, of poor quality, or conflicting, and the balance of benefits and harms cannot be determined.

The ACIP publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults which can be found at <a href="https://www.cdc.gov/vaccines/schedules/hcp/index.html">https://www.cdc.gov/vaccines/schedules/hcp/index.html</a>. Travel Immunizations such as, but not limited to, Japanese Encephalitis, Typhoid, Yellow Fever, and Small Pox are excluded from Preventive Service coverage. Other excluded vaccinations include Anthrax, Bacille Calmette Guerin for Tuberculosis (BCG), and Rabies which are not required by PPACA. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations.

HRSA releases Women's Preventive Services guidelines that are aimed at improving women's health by recommending certain preventive services that should be obtained in the clinical setting. HRSA's list of recommendations can be obtained at <a href="https://www.hrsa.gov/womensguidelines2016/index.html">https://www.hrsa.gov/womensguidelines2016/index.html</a>

HRSA endorses preventive guidelines established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures and the comprehensive list of Bright Future's recommendations can be found at <a href="https://www.hrsa.gov/womens-guidelines">https://www.hrsa.gov/womens-guidelines</a>

#### **Reimbursement Information**

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by PPACA and/or an applicable state mandate. In general, these services include, but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgement in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice.

The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

USPSTF Recommendations:		
Service:	Procedure Code(s):	Additional Reimbursement
		Criteria:
Abdominal Aortic Aneurysm Screening	76706	Procedure code 76706 is
		reimbursable as preventive
<u>USPSTF "B" Recommendation December</u>		when submitted with one of the
<u>2019</u>		following: Z13.6, Z87.891, Z72.0,
The USPSTF recommends 1-time screening		Z00.00, Z00.01, F17.210, F17.200
for abdominal aortic aneurysm with		
ultrasonography in men aged 65 to 75		
years who have ever smoked.		
Unhealthy Alcohol Use in Adolescents	99385, 99386, 99387,	Payable with a diagnosis code in
and	99395, 99396,	Diagnosis List 1.
Adults: Screening and Behavioral	99397, 99408,	
Counseling	99409, G0396,	
Interventions	G0397, G0442,	
	G0443	
<u>USPSTF "B" Recommendation November</u>		
2018		
The USPSTF recommends screening for		
unhealthy alcohol use in primary care		

		1
settings for adults 18 years or older,		
including pregnant women, and providing		
persons engaged in risky or hazardous		
drinking with brief behavioral counseling		
interventions to reduce unhealthy alcohol		
use.		
Anxiety Screening Disorders in Adults	96127, 99384, 99385,	Procedure code 96127 is only
	99386, 99387,	reimbursable at the preventive
USPSTF Released FINAL "B"	99394, 99395,	level when billed with a
Recommendation for Screening for	99396, 99397, G0444	diagnosis of Z00.129, Z13.31,
Anxiety Disorders in Adults 06/30/2023		Z13.32, Z13.39, Z13.41, or
		Z13.42
The USPSTF recommends screening for		
anxiety disorders in adults, including		
pregnant and postpartum persons.		
Aspirin Use to Prevent Preeclampsia and		For details about pharmacy
Related Morbidity and Mortality:		benefit coverage, contact the
Preventive		number on the patient's BCBS
Medication		member card. A patient's
		pharmacy benefit may be
USPSTF "B" Recommendation September		managed by a company other
<u>2021</u>		than BCBS.
The USPSTF recommends the use of low-		
dose aspirin (81 mg/day) as preventive		Coverage includes generic
medication after 12 weeks of gestation in		aspirin 81 mg tablets with a
persons who are at high risk for		prescription.
preeclampsia.		
Asymptomatic Bacteriuria in Adults	81007, 87086, 87088	Payable with a Pregnancy
Screening		Diagnosis
USPSTF "B" Recommendation September		
2019		
The USPSTF recommends screening for		
asymptomatic bacteriuria using urine		
culture in pregnant persons.		
T	•	

BRCA-Related Cancer Risk Assessment,	81212, 81215, 81216,	These services are subject to
Genetic Testing	81217, 81162,	Medical Policy and prior
	81163, 81164,	authorization may be required.
USPSTF "B" Recommendation August	81165, 81166,	Procedure codes 81212, 81215-
2019	81167, 96040,	81217, 81162-81167, 81307 and
USPSTF recommends that primary care	99385, 99386,	81308 are reimbursable as
clinicians assess women with a personal or	99387, 99395,	preventive when submitted with
family history of breast, ovarian, tubal, or	99396, 99397,	one of the following primary
peritoneal cancer or who have an ancestry	99401, 99402,	diagnosis codes:
associated with breast cancer	99403, 99404,	Z80.3, Z80.41, Z85.3, Z85.43
susceptibility 1 and 2 (BRCA1/2) gene	G0463, S0265,	
mutations with an appropriate brief	81307, 81308	Procedure code 96040 is
familial risk assessment tool. Women with		reimbursable as preventive
a positive result on the risk assessment		when submitted with one of the
tool should receive genetic counseling		following primary diagnosis
and, if indicated after counseling, genetic		codes: Z80.3 or Z80.41
testing.		
		All other procedure codes for
		BRCA are payable with a
		diagnosis in Diagnosis List 1
Breast Cancer Medications for Risk		For details about pharmacy
Reduction		benefit coverage, contact the
		number on the patient's BCBS
<u>USPSTF "B" Recommendations September</u>		member card. A patient's
<u>2019</u>		pharmacy benefit may be
The USPSTF recommends that clinicians		managed by a company other
offer to prescribe risk-reducing		than BCBS.
medications, such as tamoxifen,		
raloxifene, or aromatase inhibitors, to		Coverage includes generic
women who are at increased risk for		anastrozole 1 mg, raloxifene hcl
breast cancer and at low risk for adverse		60 mg, and tamoxifen citrate 10
medication effects.		and 20 mg tablets when used for
		prevention in members ages 35
		and over with a prescription.

Breast Cancer Screening	77061, 77062, 77063,	Payable with a diagnosis code in
Ji cust current surcerning	77067	Diagnosis List 1
USPSTF "B" Recommendation January		3.4860.0
2016		
The USPSTF recommends biennial		
screening mammography for women aged		
40-to 74 years.		
Refer also to HRSA's 'Breast Cancer		
Screening for Women at Average Risk'		
recommendation.		
<b>Breastfeeding Primary Care Interventions</b>	99401, 99402, 99403,	Electric breast pumps limited to
	99404, 99411,	one per benefit period. Hospital
<u>USPSTF "B" Recommendation October</u>	99412, 99347,	Grade breast pumps are limited
<u>2016</u>	99348, 99349,	to rental only.
The USPSTF recommends providing	99350, 98960,	
interventions during pregnancy and after	98961, 98962.	Additional reimbursement
birth to support breastfeeding.	G0513, G0514	information available within the
		"Breastfeeding Equipment and
Refer also to HRSA's 'Breastfeeding	A4281, A4282,	Supplies"
Services and Supplies' recommendation	A4283, A4284,	
	A4285, A4286,	G0513 & G0514 are payable with
	E0602, E0603, E0604,	a diagnosis code in Diagnosis List
	S9443, A4287	1
		Non-physician provider types
		such as Certified Lactation
		Counselors and International
		Board-Certified Lactation
		Consultants will only be eligible
		for reimbursement for the
		following codes: S9443, 98960,
		98961, 98962.
		33332, 33332.

Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in
_	99395, 99396,99397	Diagnosis List 1
USPSTF "A" Recommendation August		
2018	G0101, 88141,	
The USPSTF recommends screening for	88142, 88143,	
cervical cancer every 3 years with cervical	88147, 88148,	
cytology alone in women aged 21 to 29	88150, 88152,	
years. For women aged 30 to 65 years, the	88153, 88155,	
USPSTF recommends screening every 3	88164, 88165,	
years with cervical cytology alone, every 5	88166, 88167,	
years with high-risk human papillomavirus	88174, 88175,	
(hrHPV) testing alone, or every 5 years	G0123, G0124,	
with hrHPV testing in combination with	G0141, G0143,	
cytology (cotesting).	G0144, G0145,	
	G0147, G0148,	
Refer also to HRSA's 'Cervical Cancer	P3000, P3001,	
Screening' recommendation.	Q0091, 87623,	
	87624, 87625, S0610,	
	S0612, 0500T,0096U,	
Chlamydia Screening	86631, 86632, 87110,	Payable with a diagnosis code in
	87270, 87320,	Diagnosis List 1
<u>USPSTF "B" Recommendations September</u>	87490, 87491,	
<u>2021</u>	87492, 87801, 87810	
The USPSTF recommends screening for		
chlamydia in sexually active women age		
24 years and younger and in women 25		
years or older who are at increased risk		
for infection.		

#### **Colorectal Cancer Screening**

<u>USPSTF "A" Recommendation May 2021</u> The USPSTF recommends screening for colorectal cancer in all adults aged 50 to 75 years.

<u>USPSTF "B" Recommendation May 2021</u> The USPSTF recommends screening for colorectal cancer in adults aged 45 to 49 years.

The risks and benefits of different screening methods vary.

82270, 82274, G0328, 44388, 44389,44392, 44394, 44401, 44404, 45378,45380, 45381,45384, 45385,45388, G0105, G0121, 45330, 45331, 45333, 45335, 45338,45346, 74263, 88304, 88305, G0104, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417, S0285, 00812, 00813, 81528

Certain colorectal cancer screening services may be subject to medical policy criteria and may require prior authorization.

Modifier 33 or PT may be applied

Payable with a diagnosis in Diagnosis List 1.

In the instance that a polyp is removed during a preventive colonoscopy, the colonoscopy as well as the removal of the polyp and the labs and services related to the colonoscopy are reimbursable at the preventive level.

Sedation procedure codes 99152, 99153, 99156, 99157, and G0500 will process at the preventive level when billed with a diagnosis of Z12.11 or Z12.12.

Procedure code 74263 is reimbursable at the preventive level when billed with one of the following three diagnosis codes: Z00.00, Z12.11, Z12.12.

		Procedure code 81528 is reimbursable at the preventive level when billed with Z12.11 or Z12.12 for out of network claims.
		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.
		Coverage includes generic peg 3350-kcl-na bicarb-nacl-na sulfate, peg 3350-kcl-nacl-na sulfate-na ascorbate-c, or peg 3350-kcl-sod bicarb-nacl solutions for members ages 45 and over with a prescription.
		Diagnosis codes R19.5, K63.5, Z86.0100, Z86.0101, Z86.0102, Z86.0109 will pay at the preventive level.
Congenital Hypothyroidism Screening	84443, 99381, S3620	
USPSTF "A" Recommendation March 2008 The USPSTF recommends screening for congenital hypothyroidism in newborns.		

Dental Caries in Children from Birth	99188	For details about pharmacy
Through Age 5 Years Screening		benefit coverage, contact the
		number on the patient's BCBS
<u>USPSTF "B" Recommendation December</u>		member card. A patient's
<u>2021</u>		pharmacy benefit may be
The USPSTF recommends that primary		managed by a company other
care clinicians prescribe oral fluoride		than BCBS.
supplementation starting at age 6 months		
for children whose water supply is		Prescription required for both
deficient in fluoride.		OTC and prescription
		medications.
USPSTF "B" Recommendation December		
<u>2021</u>		
The USPSTF recommends that primary		
care clinicians apply fluoride varnish to the		
primary teeth of all infants and children		
starting at the age of primary tooth		
eruption.		
Depression Screening Adults	99385, 99386, 99387,	Payable with a diagnosis code in
Depression Screening Adults	99385, 99386, 99387, 99395, 99396,	Payable with a diagnosis code in Diagnosis List 1
Depression Screening Adults  USPSTF "B" Recommendation January		
	99395, 99396,	
USPSTF "B" Recommendation January	99395, 99396, 99397, 96160,	Diagnosis List 1
USPSTF "B" Recommendation January 2016	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31,
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis,	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.  USPSTF Released FINAL "B"	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or
USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.  USPSTF Released FINAL "B" Recommendation for Screening for	99395, 99396, 99397, 96160,	Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or

Depression in Children and Adolescents	99384, 99385, 99394,	Payable with a diagnosis in
Screening	99395, 96127, G0444	Diagnosis List 1 Procedure code
		96127 is only reimbursable at
USPSTF "B" Recommendation February		the preventive level when billed
2016		with a diagnosis of Z00.129,
The USPSTF recommends screening for		Z13.31, Z13.32, Z13.39, Z13.41,
major depressive disorder in adolescents		or Z13.42
aged 12 to 18 years. Screening should be		
implemented with adequate systems in		
place to ensure accurate diagnosis,		
effective treatment, and appropriate		
follow-up.		
Refer also to Bright Futures 'Depression		
Screening' recommendation		
Falls Prevention in Community Dwelling	97110, 97112, 97116,	Procedure codes 97110, 97112,
Older Adults: Interventions	97150, 97161,	97116, 97150, 97161, 97162,
	97162, 97163,	97163, 97164, 97165, 97166,
USPSTF "B" Recommendation April 2018	97164, 97165,	97167, 97168, and 97530
The USPSTF recommends exercise	97166, 97167,	reimbursable with a diagnosis of
interventions to prevent falls in	97168, 97530	Z91.81.
community-dwelling adults aged 65 years		
or older who are at increased risk for falls.		
Folic Acid for the Prevention of Neural		For details about pharmacy
Tube		benefit coverage, contact the
Defects: Preventive Medication		number on the patient's BCBS
		member card. A patient's
USPSTF "A" Recommendation January		pharmacy benefit may be
2017		managed by a company other
The USPSTF recommends that all women		than BCBS.
who are planning or capable of pregnancy		
take a daily supplement containing 0.4 to		Prescription required for both
0.8 mg (400 to 800 μg) of folic acid.		OTC and prescription
		medications.

Gestational Diabetes: Screening	36415, 82947, 82948,	Payable with a pregnancy
	82950, 82951,	diagnosis
USPSTF "B" Recommendation August	82952, 83036	
2021		
The USPSTF recommends screening for		
gestational diabetes in asymptomatic		
pregnant persons at 24 weeks of gestation		
or after.		
Defended to UDCA/e (Contational		
Refer also to HRSA's 'Gestational		
Diabetes' recommendation	07004 07500 07504	Describes the discount of the
Gonorrhea	87801, 87590, 87591,	Payable with a diagnosis code in
LICECTE (C)	87592, 87850	Diagnosis List 1
USPSTF "B" Recommendation September		
2021		
The USPSTF recommends screening for		
gonorrhea in sexually active women age		
24 years and younger and in women 25		
years or older who are at increased risk		
for infection.		
Healthy Diet and Physical Activity for	99385, 99386, 99387,	
Cardiovascular Disease Prevention in	99395, 99396,	
Adults with Cardiovascular Risk Factors:	99397, G0438,	
Behavioral Counseling	G0439, G0446,	
	S9452, S9470, 97802,	
USPSTF "B" Recommendation November	97803, 97804,	
2020	G0270, G0271,	
The USPSTF recommends offering or	99078, 99401,	
referring adults with cardiovascular	99402, 99403,	
disease risk factors to behavioral	99404, 99411,	
counseling interventions to promote a	99412, G0473	
healthy diet and physical activity.		
Healthy Weight and Weight Gain in	99384, 99385, 99386,	
Pregnancy: Behavioral Counseling	99394, 99395,	
Interventions	99396, 99401,	
	99402, 99403,	
USPSTF "B" Recommendation May 2021	99404, 99411, 99412	
The USPSTF recommends that clinicians		
offer pregnant persons effective		
behavioral counseling interventions aimed		
at promoting healthy weight gain and		

preventing excess gestational weight gain in pregnancy.		
Hepatitis B in Pregnant Women Screening	80055, 86704, 86705,	Payable with a pregnancy
	86706, 86707,	diagnosis, or a diagnosis code in
USPSTF "A" Recommendation July 2019	87340, 87341,	Diagnosis List 1
The USPSTF recommends screening for	80074, 80076,	
hepatitis B virus infection in pregnant	G0499, 36415	
women at their first prenatal visit.		
Hepatitis B Virus Infection Screening	80055, 80074, 80076,	Payable with a diagnosis code in
	86704, 86705,	Diagnosis List 1
USPSTF "B" Recommendation December	86706, 86707,	
2020	87340, 87341	
The USPSTF recommends screening for		
hepatitis B virus infection in adolescents		
and adults at increased risk for infection.		
Hepatitis C Screening	86803, 86804, 87520,	Payable with a pregnancy
	87521 G0472	diagnosis, or a diagnosis code in
USPSTF "B" Recommendation March 2020		Diagnosis List 1
The USPSTF recommends screening for		
hepatitis C virus infection in adults aged		
18 to 79 years.		
High Blood Pressure Screening in Adults	93784, 93786, 93788,	Procedure codes 93784, 93786,
	93790, 99385,	93788, 93790, 99473, and 99474
USPSTF "A" Recommendation April 2021	99386, 99387,	are reimbursable at the
The USPSTF recommends screening for	99395, 99396,	preventive level when billed
high blood pressure in adults aged 18	99397, 99473, 99474	with one of the following
years or older. The USPSTF recommends		diagnosis codes: R03.0, R03.1,
obtaining measurements outside of the		Z01.30, Z01.31
clinical setting for diagnostic confirmation		
before starting treatment.		

# Human Immunodeficiency Virus (HIV) Infection Prevention Drug Pre-exposure Prophylaxis (PrEP)

USPSTF "A" Recommendation June 2019
The USPSTF recommends that clinicians offer preexposure prophylaxis (PrEP) with effective antiretroviral therapy to persons who are at high risk of HIV acquisition. See the Clinical Considerations section for information about identification of persons at high risk and selection of effective antiretroviral therapy.

# USPSTF "A" Recommendation August 2023

The USPSTF recommends that clinicians prescribe preexposure prophylaxis using effective antiretroviral therapy to persons who are at increased risk of HIV acquisition to decrease the risk of acquiring HIV. Injectables are now added.

HIV/Creatine Testing 82565, 82570, 82575, 87534, 87535, 87536, 87537, 87538, 87539

Pregnancy: 81025

Injection, cabotegravir, 1mg, HIV PrEP: J0739 Baseline and monitoring services related to PrEP medication are reimbursable at the reimbursable at the preventive level. Details about benefit coverage contact the number on the patient's BCBS card.

For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

Coverage includes generic Truvada (emtricitabine/ tenofovir disoproxil fumarate) 200-300 mg tablets, Apretude (cabotegravir) 600 mg/3 mL intramuscular extended-release suspension, and Descovy (emtricitabine-tenofovir alafenamide fumarate) 200-25 mg tablets when used for prevention with a prescription. There is also a 999 day lookback period for other antiretrovirals to confirm use for preexposure prophylaxis. Refer to the member's drug list for coverage details.

Diagnosis Codes HIV Related: Z11.4, Z71.7, B20, Z29.81

Human Immunodeficiency Virus (HIV) Infection Screening for Non-Pregnant Adolescents and Adults  USPSTF "A" Recommendation June 2019 The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened.	87389, 87390, 87391, 87806, G0432, G0433, G0435	Payable with a diagnosis code in Diagnosis List 1
Refer also to HRSA's 'HIV Screening and Counseling' recommendation		
Refer also to Bright Future's 'STI/HIV Screening' recommendation		
Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant Women  USPSTF "A" Recommendation June 2019 The USPSTF recommends that clinicians screen all pregnant persons, , including those who present in labor or at delivery whose HIV status is unknown.  Refer also to HRSA's 'HIV Screening and Counseling' recommendation  Refer also to Bright Future's 'STI/HIV Screening' recommendation	36415, 80081, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	Payable with a pregnancy diagnosis or a diagnosis code in Diagnosis List 1
USPSTF "A" Recommendation April 2021 The U.S. Preventive Task Force (USPSTF) recommends screening for hypertension in adults 18 years or older with office blood pressure measurements (OBPM). The USPSTF recommends obtaining blood pressure measurements outside of the clinical setting for diagnostic confirmation before starting treatment.	93784, 93786, 93788, 93790, 99385, 99386, 99387, 99395, 99396, 99397, 99473, 99474	Procedure codes 93784, 93786, 93788, 93790, 99473, 99474 are payable at no member cost share when billed with the DX codes R03.0, R03.1, Z01.30, Z01.31

Intimate Partner Violence, Elder Abuse,	99202, 99203, 99204,	Payable with a diagnosis code in
and Abuse of Vulnerable Adults	99205, 99211,	Diagnosis List 1
Screening	99212, 99213,	
	99214, 99215,	
USPSTF "B" Recommendation October	99384, 99385,	
2018	99386,99387, 99394,	
The U.S. Preventive Services Task Force	99395, 99396,	
(USPSTF) recommends that clinicians	99397, 99401,	
screen for intimate partner violence in	99402, 99403,	
women of reproductive age and provide	99404, 99411,	
or refer women who screen positive to	99412, 99417, S0610,	
ongoing support services.	S0612, S0613	
Latent Tuberculosis Infection Screening	86480, 86481, 86580	Payable with a diagnosis code in
		Diagnosis List 1
<u>USPSTF "B" Recommendation September</u>		
2016		
The USPSTF recommends screening for		
latent tuberculosis infection (LTBI) in		
populations at increased risk.		
Lung Cancer Screening	G0296, 71271	Subject to medical policy criteria
		and may require
USPSTF "B" Recommendation March 2021		preauthorization
The USPSTF recommends annual		
screening for lung cancer with low-dose		Eff. 01/01/2021 procedure code
computed tomography (LDCT) in adults		71271 is reimbursable at the
aged 50 to 80 years who have a 20 pack-		preventive level if it meets
year smoking history and currently smoke		medical policy criteria and is
or have quit within the past 15 years.		billed with one of the following
Screening should be discontinued once a		diagnosis codes: F17.200,
person has not smoked for 15 years or		F17.201, F17.210, F17.211,
develops a health problem that		F17.220,
substantially limits life expectancy or the		F17.221, F17.290, F17.291,
ability or willingness to have curative lung		Z12.2, Z87.891
surgery.		

Weight Loss to Prevent Obesity-Related	97802, 97803, 97804,	
Morbidity and Mortality in Adults:	99385, 99386,	
Behavioral Interventions	99387, 99395,	
	99396, 99397,	
USPSTF "B" Recommendation September	99401, 99402,	
2018	99403, 99404,	
The USPSTF recommends that clinicians	99411, 99412,	
offer or refer adults with a body mass	99078, G0447,	
index (BMI) of 30 or higher (calculated as	G0473	
weight in kilograms divided by height in		
meters squared) to intensive,		
multicomponent behavioral interventions.		
Obesity in Children and Adolescents	97802, 97803, 99383,	
Screening	99384, 99385,	
	99393, 99401,	
USPSTF "B" Recommendation June 2017	99402, 99403,	
The USPSTF recommends that clinicians	99404, 99411,	
screen for obesity in children and	99412, G0446,	
adolescents 6 years and older and offer	G0447, G0473	
them or refer them to comprehensive,		
intensive behavioral interventions to		
promote improvement in weight status.		
Ocular Prophylaxis for Gonococcal		When billed under inpatient
Ophthalmia Neonatorum Preventive		medical
Medication		
USPSTF "A" Recommendation January		
2019		
The USPSTF recommends prophylactic		
ocular topical medication for all newborns		
to prevent gonococcal ophthalmia		
neonatorum.		

USPSTF "B" Recommendation June 2018 The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older.  The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool.  Perinatal Depression: Preventive Interventions	76977, 77078, 77080, 77081, 78350, 78351, G0130	Payable with a diagnosis code in Diagnosis List 1  Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation February 2019 The USPSTF recommends that clinicians provide or refer pregnant and postpartum persons who are at increased risk of perinatal depression to counseling interventions.	99397, 99401, 99402, 99403, 99404, 96160, 96161, G0444	
Phenylketonuria in Newborns Screening  USPSTF "A" Recommendation March 2008  The USPSTF recommends screening for phenylketonuria in newborns.	84030, 99381, S3620	Procedure codes 84030 and S3620 reimbursable at the preventive level for children 0-90 days old
Prediabetes and Type 2 Diabetes Screening  USPSTF "B" Recommendation August 2021 The USPSTF recommends screening for prediabetes and type 2 diabetes in adults aged 35 to 70 years who have overweight or obesity. Clinicians should offer or refer patients with prediabetes to effective preventive interventions.	82947, 82948, 82950, 82951, 83036, 82952, 97802, 97803, 97804, 99401, 99402, 99403, 99404, G0270, G0271, G0447, G0473, S9470	Payable with a diagnosis code in Diagnosis List 1

Preeclampsia Screening		Preeclampsia screening is done
Treedampsia sereeming		through routine blood pressure
USPSTF "B" Recommendation April 2017		measurements
The USPSTF recommends screening for		
preeclampsia in pregnant women with		
blood pressure measurements throughout		
pregnancy.		
Rh(D) Incompatibility Screening	80055, 86850, 86870,	Payable with a pregnancy
Time of the second of the seco	86900, 86901, 36415	diagnosis
USPSTF "A" Recommendation February		
2004		
The USPSTF strongly recommends Rh(D)		
blood typing and antibody testing for all		
pregnant women during their first visit for		
pregnancy-related care.		
USPSTF "B" Recommendation February		
<u>2004</u>		
The USPSTF recommends repeated Rh(D)		
antibody testing for all unsensitized		
Rh(D)negative women at 24 to 28 weeks'		
gestation, unless the biological father is		
known to be Rh(D)-negative.		
Sexually Transmitted Infections	99384, 99385, 99386,	
Behavioral	99387, 99394,	
Counseling	99395, 99396,	
	99397, 99401,	
<u>USPSTF "B" Recommendation August</u>	99402, 99403,	
<u>2020</u>	99404, 99411,	
The USPSTF recommends behavioral	99412, G0445	
counseling for all sexually active		
adolescents and for adults who are at		
increased risk for sexually transmitted		
infections (STIs).		
Refer also to HRSA's 'Sexually Transmitted		
Infections Counseling' recommendation.		

Sickle Cell Disease (Hemoglobinopathies)	83020, 83021, 83030,	
in Newborns Screening	83033, 83051,	
	85004, 85013,	
USPSTF "A" Recommendation September	85014, 85018,	
2007	85025, 85027,	
The USPSTF recommends screening for	99381, G0306,	
sickle cell disease in newborns.	G0307, S3620, S3850	
Skin Cancer Counseling	There are no	
	procedure codes	
USPSTF "B" Recommendation March 2018	specific to skin	
The USPSTF recommends counseling	cancer counseling.	
young adults, adolescents, children, and		
parents of young children about		
minimizing exposure to ultraviolet (UV)		
radiation for persons aged 6 months to 24		
years with fair skin types to reduce their		
risk of skin cancer.		
Statin Use for the Primary Prevention of	80061, 82465, 83700,	For details about pharmacy
Cardiovascular Disease in Adults	83718, 83719,	benefit coverage, contact the
Preventive Medication	83721, 84478	number on the patient's BCBS
		member card. A patient's
USPSTF "B" Recommendation August		pharmacy benefit may be
2022		managed by a company other
The USPSTF recommends that clinicians		than BCBS.
prescribe a statin for the primary		
prevention of CVD for adults aged 40 to 75		Coverage includes atorvastatin
years who have 1 or more CVD risk factors		10 mg,20 mg, 40 mg, and 80 mg,
(i.e. dyslipidemia, diabetes, hypertension,		lovastatin 20 mg and 40 mg
or smoking) and an estimated 10-year risk		tablets, pravastatin 10 mg, 20
of a cardiovascular event of 10% or		mg, 40 mg, and 80 mg tablets for
greater.		members ages 40 – 75 years of
		age with a prescription.
Syphilis Infection in Nonpregnant Adults	86592, 86780, 0065U	Payable with a diagnosis code in
and		Diagnosis List 1
Adolescents Screening		
LISPSTE "A" Posemmendation lune 2016		
USPSTF "A" Recommendation June 2016 The USPSTF recommends screening for		
_		
syphilis infection in persons who are at increased risk for infection.		
micreased risk for injection.		

Syphilis Infection in Pregnant Women	80055, 80081, 86592,	Payable with a pregnancy
Screening	86593, 86780,	diagnosis or a diagnosis code in
Screening	0065U, 36415	Diagnosis List 1
USPSTF "A" Recommendation September	00030, 30413	Diagnosis List 1
2018		
The USPSTF recommends early screening		
for syphilis infection in all pregnant		
women.		
Tobacco Smoking Cessation in Adults,	99401, 99402, 99403,	For details about pharmacy
Including Pregnant Women: Behavioral	99404, 99406,	benefit coverage, contact the
and Pharmacotherapy Interventions	99407, G9016, S9453	number on the patient's BCBS
and i narmacotherapy interventions	35407, 45010, 55455	member card. A patient's
USPSTF "A" Recommendation January		pharmacy benefit may be
2021		managed by a company other
The USPSTF recommends that clinicians		than BCBS.
ask all adults about tobacco use, advise		than bebs.
them to stop using tobacco, and provide		Two 90-day treatment regimens
behavioral interventions and U.S. Food		per benefit period. The 90-day
and Drug Administration (FDA)—approved		treatments are at the discretion
pharmacotherapy for cessation to adults		of the provider working with the
who use tobacco.		member.
USPSTF "A" Recommendation January		Prescription required for both
2021		OTC and prescription
The USPSTF recommends that clinicians		medications.
ask all pregnant women about tobacco		
use, advise them to stop using tobacco,		Coverage includes:
and provide behavioral interventions for		Generic bupropion hcl
cessation to pregnant women who use		(smoking deterrent) ER 12hr 150
tobacco.		mg tablets
		Generic nicotine polacrilex 2
		mg and 4 mg gum
		Generic nicotine polacrilex 2
		mg and 4 mg lozenges
		• Generic nicotine 24hr 7 mg, 14
		mg, and 21 mg transdermal
		patches
		Generic varenicline tartrate 0.5
		mg and 1 mg tablets
		Brand Nicotine Transdermal
		Systems
		Brand Nicotrol Inhaler
		Brand Nicotrol Nasal Spray

Tobacco Use in Children and Adolescents	99401, 99402, 99403,	Refer to Preventive Services
Primary Care Interventions	99401, 99402, 99403,	Recommendation for Tobacco
Filliary Care interventions	99407, G9016, S9453	Smoking Cessation in Adults,
LISPSTE "P" Passammandation April 2020	39407, 09010, 39433	
USPSTF "B" Recommendation April 2020		Including Pregnant Women: Behavioral and
The USPSTF recommends that primary		
care clinicians provide interventions,		Pharmacotherapy Interventions
including education or brief counseling, to		
prevent initiation of tobacco use among		
school-aged children and adolescents.		
Screening for Unhealthy Drug Use	99385, 99386, 99387,	Payable with a diagnosis code in
	99395, 99396,	Diagnosis List 1
USPSTF "B" Recommendation June 2020	99397, 99408,	
The USPSTF recommends screening by	99409, G0396,	
asking questions about unhealthy drug	G0397	
use in adults age 18 years or older.		
Screening should be implemented when		
services for accurate diagnosis, effective		
treatment, and appropriate care can be		
offered or referred.		
Vision Screening in Children	99172, 99173, 0333T	
<u>USPSTF "B" Recommendation September</u>		
<u>2017</u>		
The USPSTF recommends vision screening		
at least once in all children aged 3 to 5		
years to detect amblyopia or its risk		
factors.		
General Lab Panel	80050, 80053	Payable with a diagnosis code in
		Diagnosis List 1
These lab codes could be multiple		
December 1 Construction		
Preventive Services		
recommendations.		
recommendations.	Procedure Code(s):	Additional Reimbursement

A . *.1 . C	06427 00224 00257	B
Anxiety Screening	96127, 99384, 99385,	Procedure code 96127 is only
	99386, 99387,	reimbursable at the preventive
HRSA Recommendation December 2019	99394, 99395,	level when billed with a
The Women's Preventive Services	99396, 99397, G0444	diagnosis of Z00.129, Z13.31,
Initiative recommends screening for		Z13.32, Z13.39, Z13.41, or
anxiety in adolescent and adult women,		Z13.42
including those who are pregnant or		
postpartum.		
Breast Cancer Screening for Women at	77061, 77062, 77063,	Payable with a diagnosis code in
Average Risk	77065, 77066,	Diagnosis List 1
	77067, G0279	
HRSA Recommendation December 2019		
The Women's Preventive Services		
Initiative recommends that average-risk		
women initiate mammography screening		
no earlier than age 40 and no later than		
age 50. Screening mammography should		
occur at least biennially and as frequently		
as annually. Screening should continue		
through at least age 74 and age alone		
should not be the basis to discontinue		
screening. These screening		
recommendations are for women at		
average risk of breast cancer. Women at		
increased risk should also undergo		
periodic mammography screening,		
however, recommendations for additional		
services are beyond the scope of this		
recommendation		
Refer also to USPSTF's 'Breast Cancer		
Screening' recommendation.		
Co. Cerming Teconimientations		

<b>Breastfeeding Services and Supplies</b>	E0602, E0603, E0604,	Electric breast pumps limited to
	A4281, A4282,	one per benefit period. Hospital
HRSA Recommendation December 2021	A4283, A4284,	Grade breast pumps are limited
Women's Preventive Services Initiative	A4285, A4286,	to rental only.
recommends comprehensive lactation	A4287, G0513,	
support services (including consultation;	G0514, S9443,	G0513 & G0514 are payable with
counseling; education by clinicians and	99401, 99402,	a diagnosis code in Diagnosis List
peer support services; and breastfeeding	99403, 99404,	1
equipment and supplies) during the	99411, 99412,	
antenatal, perinatal, and postpartum	99347, 99348,	Additional reimbursement
periods to optimize the successful	99349, 99350,	information available within the
initiation and maintenance of	98960, 98961, 98962	"Breastfeeding Equipment and
breastfeeding.		Supplies" Coverage
Breastfeeding equipment and supplies		Non-physician provider types
include, but are not limited to, double		such as Certified Lactation
electric breast pumps (including pump		Counselors and International
parts and maintenance) and breast milk		Board-Certified Lactation
storage supplies. Access to double electric		Consultants will only be eligible
pumps should be a priority to optimize		for reimbursement for the
breastfeeding and should not be		following codes: S9443, 98960,
predicated on prior failure of a manual		98961, 98962.
pump. Breastfeeding equipment may also		
include equipment and supplies as		
clinically indicated to support dyads with		
breastfeeding difficulties and those who		
need additional services.		
Refer also to USPSTF's 'Breastfeeding		
Primary		
Care Interventions' recommendation.		

Cervical Cancer Screening	0096U, 0500T,	Payable with a diagnosis code in
	87623, 87624,	Diagnosis List 1
HRSA Recommendation December 2019	87625, 88141,	
The Women's Preventive Services	88142, 88143,	
Initiative recommends cervical cancer	88147, 88148,	
screening for average-risk women aged 21	88150, 88152,	
to 65 years. For women aged 21 to 29	88153, 88155,	
years, the Women's Preventive Services	88164, 88165,	
Initiative recommends cervical cancer	88166, 88167,	
screening using cervical cytology (Pap test)	88174, 88175,	
every 3 years. Cotesting with cytology and	99385, 99386,	
human papillomavirus testing is not	99387, 99395,	
recommended for women younger than	99396, 99397,	
30 years. Women aged 30 to 65 years	G0101, G0123,	
should be screened with cytology and	G0124, G0141,	
human papillomavirus testing every 5	G0143, G0144,	
years or cytology alone every 3 years.	G0145, G0147,	
Women who are at average risk should	G0148, G0476,	
not be screened more than once every 3	P3000, P3001,	
years.	Q0091, S0610, S0612	
Refer also to USPSTF 'Cervical Cancer		
Screening' recommendation.		

## **Contraceptive Methods and Counseling**

HRSA Recommendation December 2021 Women's Preventive Services Initiative recommends that adolescent and adult women have access to the full range of contraceptives and contraceptive care to prevent unintended pregnancies and improve birth outcomes. Contraceptive care includes screening, education, counseling, and provision of contraceptives (including in the immediate postpartum period). Contraceptive care also includes follow-up care (e.g., management, evaluation and changes, including the removal, continuation, and discontinuation of contraceptives).

Women's Preventive Services Initiative recommends that the full range of U.S. Food and Drug Administration (FDA)-approved, granted, or -cleared contraceptives, effective family planning practices, and sterilization procedures be available as part of contraceptive care.

The full range of contraceptives includes those currently listed in the FDA's Birth Control Guide: (1) sterilization surgery for women, (2) implantable rods, (3) copper intrauterine devices, (4) intrauterine devices with progestin (all durations and doses), (5) injectable contraceptives, (6) oral contraceptives (combined pill), 7) oral contraceptives (progestin only),

57170, 58300, 58301, 58600, 58605, 58611, 58615, 58661, 58565, 58670, 58671, 58340, 58700, 74740, 88302, 88305, 96372, 11976, 11981, 11982, 11983, A4261, A4264, A4266, A4268, A4269, A9293, J1050, J7296, J7297, J7298, J7300, J7301, J7303, J7304, J7306, J7307, A4267, S4981, S4989

Contraception methods that require a prescription may be covered under the patient's medical or pharmacy benefit. For details about pharmacy benefit coverage for contraception, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

Visits pertaining to contraceptive counseling, initiation of contraceptive use, and follow-up care may also apply to procedure codes under HRSA's 'Well-Woman' recommendation

Procedure code 58340 reimbursable at the preventive level only when accompanied with modifier 33 or one of the following diagnosis codes: Z30.2, Z30.40, Z30.42, Z30.49, Z98.51,

Procedure codes 11981, 11982, and 11983 (are covered only when FDA approved contraceptive implant insertion or removal are performed) are reimbursable at the preventive level when

(8) oral contraceptives (extended or continuous use), (9) the contraceptive patch, (10) vaginal contraceptive rings, (11) diaphragms, (12) contraceptive sponges, (13) cervical caps, (14) condoms, (15) spermicides, (16) emergency contraception (levonorgestrel), and (17) emergency contraception (ulipristal acetate), and any additional contraceptives approved, granted, or cleared by the FDA. Additionally, instruction in fertility awareness-based methods, including the lactation amenorrhea method, although less effective, should be provided for women desiring an alternative method. condoms, (15) spermicides, (16) emergency contraception (levonorgestrel), and (17) emergency contraception (ulipristal acetate), and any additional contraceptives approved, granted, or cleared by the FDA. Additionally, instruction in fertility awareness-based methods, including the lactation amenorrhea method, although less effective, should be provided for women desiring an alternative method.

billed with one of the following diagnosis codes: Z30.013, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.46, Z30.49, Z30.8, Z30.9 Procedure codes 58661, 58700 reimbursable at the preventive level with a diagnosis of Z30.2

For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

Prescription required for both OTC and prescription medications. For the list of contraceptive methods that may be covered, visit your health plan website.

Procedure code 96372 payable with a diagnosis code in Diagnosis list 1

Diabetes Screening after Pregnancy	82947, 82948, 82950,	Payable with a diagnosis code in
	82951, 83036	Diagnosis List 1
HRSA Recommendation December 2019		
The Women's Preventive Services		
Initiative recommends women with a		
history of gestational diabetes mellitus		
(GDM) who are not currently pregnant		
and who have not been previously		
diagnosed with type 2 diabetes mellitus		
should be screened for diabetes mellitus.		
Initial testing should ideally occur within		
the first year postpartum and can be		
conducted as early as 4–6 weeks		
postpartum. Women with a negative		
initial postpartum screening test result		
should be rescreened at least every 3		
years for a minimum of 10 years after		
pregnancy. For women with a positive		
postpartum screening test result, testing		
to confirm the diagnosis of diabetes is		
indicated regardless of the initial test (e.g.,		
oral glucose tolerance test, fasting plasma		
glucose, or hemoglobin A1c). Repeat		
testing is indicated in women who were		
screened with hemoglobin A1c in the first		
6 months postpartum regardless of the		
result.		

Gestational Diabetes	82947, 82948, 82950,	Payable with a pregnancy
	82951, 83036	diagnosis
HRSA Recommendation December 2019		
The Women's Preventive Services		
Initiative recommends screening pregnant		
women for gestational diabetes mellitus		
after 24 weeks of gestation (preferably		
between 24 and 28 weeks of gestation) in		
order to prevent adverse birth outcomes.		
Screening with a 50 g oral glucose		
challenge test (followed by a 3hour 100 g		
oral glucose tolerance test if results on the		
initial oral glucose challenge test are		
abnormal) is preferred because of its high		
sensitivity and specificity. The Women's		
Preventive Services Initiative suggests that		
women with risk factors for diabetes		
mellitus be screened for preexisting		
diabetes before 24 weeks of gestation—		
ideally at the first prenatal visit, based on		
current clinical best practices.		
Refer also to USPSTF's 'Gestational		
Diabetes		
Mellitus Screening' recommendation.		

Human Immune-Deficiency Virus	36415, 86689, 86701,	Payable when billed with a
Counseling & Screening	86702, 86703,	diagnosis code in on Diagnosis
	87389, 87390,	List 1
HRSA Recommendation December 2021	87391, 87806,	
Women's Preventive Services Initiative	G0432, G0433,	
recommends all adolescent and adult	G0435, G0475	
women, ages 15 and older, receive a		
screening test for HIV at least once during		
their lifetime. Earlier or additional		
screening should be based on risk, and		
rescreening annually or more often may		
be appropriate beginning at age 13 for		
adolescent and adult women with an		
increased risk of HIV infection.		
Women's Preventive Services Initiative		
recommends risk assessment and		
prevention education for HIV infection		
beginning at age 13 and continuing as		
determined by risk.		
A screening test for HIV is recommended		
for all pregnant women upon initiation of		
prenatal care with rescreening during		
pregnancy based on risk factors. Rapid HIV		
testing is recommended for pregnant		
women who present in active labor with		
an undocumented HIV status. Screening		
during pregnancy enables prevention of		
vertical transmission.		
Refer also to USPSTF's 'Human		
Immunodeficiency Virus (HIV) Infection		
Screening for Pregnant and Non-Pregnant		
Adolescents and Adults' recommendation.		
Refer also to Bright Future's 'STI/HIV'		
Screening' recommendations.		

Interpersonal and Domestic Violence	99401, 99402, 99403,	Payable when billed with a
Screening	99404, 99411,	diagnosis code on Diagnosis List
	99412, 99384,	1
HRSA Recommendation December 2019	99385, 99386,	
The Women's Preventive Services	99387, 99394,	
Initiative recommends screening	99395, 99396,	
adolescents and women for interpersonal	99397, 99202,	
and domestic violence at least annually,	99203, 99204,	
and, when needed, providing or referring	99205, 99211,	
for initial intervention services.	99212, 99213,	
Interpersonal and domestic violence	99214, 99215, 99417	
includes physical violence, sexual violence,		
stalking and psychological aggression		
(including coercion), reproductive		
coercion, neglect, and the threat of		
violence, abuse, or both. Intervention		
services include, but are not limited to,		
counseling, education, harm reduction		
strategies, and referral to appropriate		
supportive services.		
Obesity Prevention in Midlife Women	97802, 97803, 97804,	Payable when billed with a
	99078, 99386,	diagnosis code in on Diagnosis
HRSA Recommendation December 2021	99396, 99401,	List 1
Women's Preventive Services Initiative	99402, 99403,	
recommends counseling midlife women	99404, 99411,	
aged 40 to 60 years with normal or	99412, G0447,	
overweight body mass index (BMI) (18.5-	G0473	
29.9 kg/m2) to maintain weight or limit		
weight gain to prevent obesity. Counseling		
may include individualized discussion of		
healthy eating and physical activity.		

Sexually Transmitted Infections	99401, 99402, 99403,
Counseling	99404, 99411,
	99412, 99384,
HRSA Recommendation December 2021	99385, 99386,
Women's Preventive Services Initiative	99387, 99394,
recommends directed behavioral	99395, 99396,
counseling by a health care clinician or	99397, G0445
other appropriately trained individual for	
sexually active adolescent and adult	
women at an increased risk for STIs.	
Women's Preventive Services Initiative	
recommends that clinicians review a	
woman's sexual history and risk factors to	
help identify those at an increased risk of	
STIs. Risk factors include, but are not	
limited to, age younger than 25, a recent	
history of an STI, a new sex partner,	
multiple partners, a partner with	
concurrent partners, a partner with an STI,	
and a lack of or inconsistent condom use.	
For adolescents and women not identified	
as high risk, counseling to reduce the risk	
of STIs should be considered, as	
determined by clinical judgment.	
Refer also to USPSTF's 'Sexually	
Transmitted Infections Behavioral	
Counseling' recommendation.	

#### **Urinary Incontinence Screening**

HRSA Recommendation December 2019

The Women's Preventive Services Initiative recommends screening women for urinary incontinence annually. Screening should ideally assess whether women experience urinary incontinence and whether it impacts their activities and quality of life. The Women's Preventive Services Initiative recommends referring women for further evaluation and treatment if indicated. The Women's Preventive Services Initiative recommends screening women for urinary incontinence as a preventive service. Factors associated with an increased risk for urinary incontinence include increasing parity, advancing age, and obesity; however, these factors should not be used to limit screening.

Several screening tools demonstrate fair to high accuracy in identifying urinary incontinence in women. Although minimum screening intervals are unknown, given the prevalence of urinary incontinence, the fact that many women do not volunteer symptoms, and the multiple, frequently changing risk factors associated with incontinence, it is reasonable to conduct annually.

There are no procedure codes specific to this service. This service would be part of the preventive office visit.

Payable with a diagnosis code in Diagnosis List 1

Well-Woman Visits	99384, 99385, 99386,	Labs administered as part of a
	99387, 99394,	normal pregnancy reimbursable
HRSA Recommendation December 2021	99395, 99396,	at the preventive level when
Women's Preventive Services Initiative	99397, G0101,	billed with a pregnancy diagnosis
recommends that women receive at least	G0438, G0439,	
one preventive care visit per year	99078, 99401,	
beginning in adolescence and continuing	99402, 99403,	
across the lifespan to ensure the provision	99404, 99411,	
of all recommended preventive services,	99412, 99408,	
including preconception and many	99409, G0396,	
services necessary for prenatal and	G0442, G0443,	
interconception care, are obtained. The	G0444	
primary purpose of these visits should be		
the delivery and coordination of		
recommended preventive services as		
determined by age and risk factors. These		
services may be completed at a single or		
as part of a series of visits that take place		
over time to obtain all necessary services		
depending on a woman's age, health		
status, reproductive health needs,		
pregnancy status, and risk factors. Well-		
women visits also include pre-pregnancy,		
prenatal, postpartum and interpregnancy		
visits.		

<b>ACIP Recommendations:</b>		
Service:	Procedure Code(s):	Additional Reimbursement
		Criteria:
COVID-19 Vaccine	After 11/01/2023:	
	91318, 91319,	
	91320, 91321,	
	91322, 91304	
DTaP Vaccine	90696, 90698, 90700,	
	90702, 90723	
Hepatitis A Vaccine	90632, 90633, 90634,	
	90636	

Hepatitis B Vaccine	90739, 90740, 90743,	Hepatitis B Vaccination is
nepatitis b vaccine		,
	90744, 90746,	payable at the preventive level
	90747, 90748, 90759	for newborns under 90 days of
		age when obtained in the
		inpatient setting from an in-
		network provider
Haemophilus Influenzae Type B (Hib)	90647, 90648	-
Vaccine		
Human Papillomavirus Vaccine (HPV)	90651	Payable with a diagnosis code in
		Diagnosis List 1
Influenza Vaccine	90630, 90653, 90654,	Diagnosis List 1
iiiiueliza vacciiie		
	90655, 90656,	
	90657, 90658,	
	90660, 90661,90662,	
	90666, 90667,	
	90668, 90672,	
	90673, 90674,	
	90682, 90685,	
	90686, 90687,	
	90688, 90689,	
	90694, 90756 Q2034,	
	Q2035, Q2036,	
	Q2037, Q2038,	
	Q2039	
Measles, Rubella, Congenital Rubella	90707	
Syndrome, and Mumps (MMR)		
Measles, Mumps, Rubella, and Varicella	90710	
(MMRV)		
Meningococcal Vaccine	90644, 90733, 90734,	
· ·	90619, 90620,	
	90621, 90623	
Monkeypox Vaccine	90611	
Workeypox vaccine	90011	
Dogwood Anna Maraina	00070 00077 00722	
Pneumococcal Vaccine	90670, 90677, 90732,	
	90671, 90684	
Polio Vaccine	90713	
<b>Respiratory Syncytial Virus Immunization</b>	90380, 90381, 90679,	
	90678, 90683	
Rotavirus Vaccine	90680, 90681	
	,	

90714, 90715	
90716	
90750	
90460, 90461, 90471,	
90472, 90473,	
90474, 90749,	
90480, 96380, 96381	
Procedure Code(s):	Additional Reimbursement Criteria:
99408, 99409	Payable with a diagnosis code in
	Diagnosis List 1
85014, 85018	Payable with a diagnosis code in
85014, 85018	
85014, 85018	Payable with a diagnosis code in
85014, 85018	Payable with a diagnosis code in Diagnosis List 1
85014, 85018	Payable with a diagnosis code in Diagnosis List 1  For details about pharmacy
85014, 85018	Payable with a diagnosis code in Diagnosis List 1  For details about pharmacy benefit coverage, contact the
85014, 85018	Payable with a diagnosis code in Diagnosis List 1  For details about pharmacy benefit coverage, contact the number on the patient's BCBS
85014, 85018	Payable with a diagnosis code in Diagnosis List 1  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's
85014, 85018	Payable with a diagnosis code in Diagnosis List 1  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be
85014, 85018	Payable with a diagnosis code in Diagnosis List 1  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's
	90716  90750  90460, 90461, 90471, 90472, 90473, 90474, 90749, 90480, 96380, 96381  Procedure Code(s):

Prescription required for both

medications. Coverage provided for members up to 1 year of age.

OTC and prescription

Cervical Dysplasia Screening	Q0091	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		Diagnosis List 1
Recommends cervical dysplasia screening		
for adolescents age 21 years of age		
Critical Congenital Heart Defect Screening	94760	
Bright Futures		
Recommends screening for critical		
congenital heart disease using pulse		
oximetry for newborns after 24 hours of		
age, before discharge from the hospital		
Depression Screening	96127	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		
Recommends depression screening for		
adolescents between the ages of 11 to 21		
years		
Refer also to USPSTF's 'Depression in		
Children and Adolescents Screening'		
recommendation		
Developmental Screening / Autism	96110	Payable with a diagnosis code in
Screening		Diagnosis List 1
Bright Futures		
Recommends developmental/autism		
screening for infants and young children		
between the ages of 9 months and 30		
months		
Dyslipidemia Screening	80061, 82465, 83718,	Payable with a diagnosis code in
	84478	Diagnosis List 1
Bright Futures		
Recommends dyslipidemia screening for		
children and adolescents between the		
ages of 24 months and 21 years of age		

Heaving Coverning	02550 02567 02554	Dragodura cadas 02550 02567
Hearing Screening	92558, 92567, 92551,	Procedure codes 92558, 92567,
	92650, 92651,	92551, V5008 are payable at the
Bright Futures	92652, 92653, V5008	preventive level only when billed
Recommends hearing screenings for		with diagnosis codes Z01.10,
children and adolescents from birth		Z01.118, and Z01.110 for ages 22
through 21 years of age		and under.
		Eff. 01/01/2021 CPT codes
		92650, 92651, 92652, 92653
		may be payable at the
		preventive level only when billed
		with diagnosis codes Z01.10,
		Z01.118, and Z01.11 through
		ages 22 and under if meeting
		Medical Policy criteria.
Hematocrit or Hemoglobin	36415, 36416, 85014,	Payable with a diagnosis code in
	85018	Diagnosis List 1
Bright Futures		
Recommends hematocrit or hemoglobin		
screening for children and adolescents		
between the ages of four months and 21		
years of age		
HIV Screening	87389, 87390, 87391,	Payable with a diagnosis code in
	87806, G0432,	Diagnosis List 1
	G0433, G0435	
Lead Screening	36415, 36416, 83655	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		
Recommends screening children between		
the ages of six months and six years for		
lead		
Maternal Depression Screening	99384, 99385, 99386,	
	99387, 99394,	
	99395, 99396,	
	99397, G0444	
Newborn Bilirubin	82247, 82248, 88720	Payable with a diagnosis code in
		Diagnosis List 1
Newborn Blood Screening	S3620	Payable with a diagnosis code in
		Diagnosis List 1
	1	<u>l</u>

Ovel Health	00311 00313 00100	Davishia with a diagnosia and a in
Oral Health	99211, 99212, 99188,	Payable with a diagnosis code in
Deink Future	99381, 99382,	Diagnosis List 1
Bright Futures  Recommends oral health risk assessments	99383, 99384	
beginning at six months of age		
Prenatal Visit	99401, 99402, 99403,	Payable with a diagnosis code in
	99404	Diagnosis List 1
Preventive Medicine Services: New	99381, 99382, 99383,	Payable with a diagnosis code in
Patients	99384, 99385	Diagnosis List 1
Preventive Medicine Services: Established	99391, 99392, 99393,	Payable with a diagnosis code in
Patients	99394, 99395	Diagnosis List 1
STI/HIV Screening	86631, 86632, 86701,	Payable with a diagnosis code in
<b>,</b>	86703, 87081,	Diagnosis List 1
Bright Futures	87110, 87210,	
Recommends screening for all sexually	87270, 87320,	
active patients	87490, 87491,	
·	87590, 87591,	
Refer also to USPSTF's 'Human	87800, 87801,	
Immunodeficiency Virus (HIV) Infection	87810, 87850, 36415	
Screening for Pregnant and Non-Pregnant		
Adolescents and Adults' recommendations		
Refer also to HRSA's 'Sexually Transmitted		
Infections Counseling' recommendation		
Tuberculosis Testing	86580, 99211	Payable with a diagnosis code in
<b>3</b>		Diagnosis List 1
Bright Futures		
Recommends tuberculosis testing if the		
risk assessment is positive		
, i		
Vision Screening	99173	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		
Recommends vision screening for		
newborns through age 21 years		

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

#### Diagnosis List 1

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z00.8
Z01.411	Z01.419	Z02.83	Z11.1	Z11.3	Z11.4	Z11.51
Z11.7	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4
Z12.5	Z13.0	Z13.1	Z13.220	Z13.31	Z13.32	Z13.40
Z13.41	Z13.42	Z13.5	Z13.6	Z13.820	Z20.2	Z20.6
Z23	Z30.011	Z30.012	Z30.013	Z30.014	Z30.015	Z30.016
Z30.017	Z30.018	Z30.019	Z30.02	Z30.09	Z30.40	Z30.41
Z30.42	Z30.430	Z30.431	Z30.432	Z30.433	Z30.44	Z30.45
Z30.46	Z30.49	Z30.8	Z30.9	Z32.2	Z71.41	Z71.51
Z71.6	Z71.7	Z71.82	Z71.83	Z86.32	Z97.5	R73.03

#### **Breastfeeding Equipment & Supplies**

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

**Manual breast pumps** utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out of Network, or from Retail providers. Sales tax is excluded from retail purchases.

**Electric breast pumps** utilize procedure code E0603 and must be rented or purchased from an InNetwork provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member chooses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed one electric breast pump per benefit period.

\*Note: Retail providers such as Target, Wal-Mart, or online vendor are not licensed medical providers and therefore are considered Out of Network. Out of network coverage will follow the out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded. \*

**Hospital grade breast pumps** utilize procedure code E0604 and are only covered when rented InNetwork or from an In-Network durable medical equipment supplier. Hospital grade breast pump coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of

coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable at the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for breast pump, replacement, spare membranes, replacements
- A4282- Adapter for breast pump, replacement
- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with breast pump, replacement
- A4285- Polycarbonate bottle for use with breast pump, replacement
- A4286- Locking ring for breast pump, replacement

#### <u>Differentiating Preventive Care versus Diagnostic Care</u>

The following types of services are considered Preventive:

- · Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

#### Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling
- A 50-year-old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

### Examples of diagnostic services:

- A 60-year-old woman obtains a mammogram after noticing a lump in her breast
- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition
- A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

#### **Limitations and Exclusions**

- 1. <u>Services not reimbursable at the preventive level may be reimbursable under another portion of</u> the medical plan.
- 2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and Supplies" section. This includes, but is not limited to
  - a. Batteries
  - b. Breastfeeding ointments, creams
  - c. Breast milk storage supplies including bags, freezer packs, etc.
  - d. Breast pump cleaning supplies
  - e. Breast pump traveling cases
  - f. Infant scales
  - g. Nursing bras
  - h. Nursing covers, scarfs
- 3. Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report (MMWR) and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration (FDA).
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug be tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. Exceptions may apply, members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 7. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBS.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

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# **Policy Update History**

Approval Date	Description
06/23/2017	New policy, replaces medical policy ADM1001.030

07/14/2017	Removed codes 99174 and 99177.
12/06/2017	Coding and USPSTF updates
04/30/2018	Coding and USPSTF updates
07/12/2018	Coding and USPSTF updates
12/27/2018	Coding and USPSTF updates
09/26/2019	Coding and USPSTF updates
10/14/2019	HPV vaccine update
12/30/2019	Disclaimer, Coding and USPSTF updates
04/20/2020	Recommendation updates
06/08/2020	Disclaimer, Coding, Links, and recommendation updates
09/09/2020	Coding and recommendation updates
12/21/2020	Coding and recommendation updates, drug information updates and
	disclaimers
01/12/2021	Coding updates
09/22/2021	Coding and recommendation updates, drug information updates
12/16/2021	Coding and USPSTF updates
03/23/2022	Coding and recommendation updates
06/01/2022	Coding and recommendation updates
07/29/2022	Diagnosis List 1 updates
09/09/2022	Coding and recommendation updates
02/20/2023	Coding updates
03/16/2023	Coding and recommendation updates, hyperlink updates
5/24/2023	Coding and recommendation updates
06/01/2023	Coding and recommendation updates
09/25/2023	Coding and recommendation updates
09/27/2023	Coding and recommendation updates
12/18/2023	Coding and recommendation updates
3/22/2024	Coding and recommendation updates
06/01/2024	Coding and recommendation updates
08/29/2024	Coding and recommendation updates

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