The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bcbsnm.com/bb/ind/bb\_ghsd01cnninmp\_nm\_2024.pdf or by calling 1-866-236-1702. For general definitions of common terms, such as <u>allowed amount</u>, balance billing, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u>/ or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$3,000 Individual / \$6,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive health, some prescription drugs, certain services with a copayment and mental health services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,300 Individual / \$10,600 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See Blue Community HMO <u>Network</u> at <u>www.bcbsnm.com/bluecomm</u> or call 1- 866-236-1702 for a list of participating <u>providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	\$20/visit; <u>deductible</u> does not apply	Not Covered	Virtual visits: No Charge; <u>deductible</u> does not apply. No charge for Covid treatment. See your benefit booklet* for details.
If you visit a health care <u>provider's</u> office	<u>Specialist</u> visit	\$60/visit; <u>deductible</u> does not apply	Not Covered	No charge for Covid treatment.
or clinic	Preventive care/screening/ immunization	No Charge; <u>deductible</u> does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. No charge for Covid vaccines.
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$60/test; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required; see your benefit booklet* for details. No charge for Covid tests.
	Imaging (CT/PET scans, MRIs)	\$60/test; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required; see your benefit booklet* for details. Gynecological or obstetrical ultrasounds do not require prior authorization.
If you need drugs to treat your illness or condition More information about	Generic drugs (Tier 1)	Retail: Preferred - \$20/prescription Participating - \$20/prescription Mail: \$60/prescription; <u>deductible</u> does not apply	Not Covered	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain
prescription drug coverage is available at www.bcbsnm.com/rx24 /5T	Brand drugs (Preferred) (Tier 2)	Retail: Preferred - \$30/prescription Participating - \$30/prescription Mail: \$90/prescription; <u>deductible</u> does not apply	Not Covered	FDA-designated dosing regimens. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available.

Common		What You Will Pay		Limitations Evapytions 8 Other
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Brand drugs (Non-Preferred) (Tier 3)	Retail: Preferred - \$100/prescription Participating - \$100/prescription Mail: \$300/prescription after <u>deductible</u>	Not Covered	Your <u>cost share</u> for a covered insulin drug will not exceed \$25 per 30-day supply. Third party payments apply to the member's <u>cost sharing</u> .
	<u>Specialty drugs</u> (Preferred) (Tier 4)	\$75/prescription; <u>deductible</u> does not apply	Not Covered	
	<u>Specialty drugs</u> (Non- Preferred) (Tier 5)	\$190/prescription; <u>deductible</u> does not apply	Not Covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$125/visit; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required for non-emergency surgery.
surgery	Physician/surgeon fees	\$125/visit; <u>deductible</u> does not apply	Not Covered	Outpatient Infusion Therapy: \$125/visit; <u>deductible</u> does not apply. See your benefit booklet* for details.
	Emergency room care	Facility: \$150/visit Physician: No Charge after <u>deductible</u>	Facility: \$150/visit Physician: No Charge after <u>deductible</u>	Facility/visit <u>copayment</u> waived if admitted. <u>Balance billing</u> is not allowed for out-of-network emergency care. No charge for Covid treatment.
If you need immediate medical attention	Emergency medical transportation	\$60/visit; <u>deductible</u> does not apply	\$60/visit; <u>deductible</u> does not apply	Prior authorization may be required for non-emergency transportation. No charge for Covid treatment. See your benefit booklet* for details.
	<u>Urgent care</u>	\$60/visit; <u>deductible</u> does not apply	\$60/visit; <u>deductible</u> does not apply	No charge for Covid treatment.
If you have a hospital	Facility fee (e.g., hospital room)	\$150/visit after <u>deductible</u>	Not Covered	Prior authorization may be required, unless for emergency.
stay	Physician/surgeon fees	\$125/visit; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required, unless for emergency.
If you need mental health, behavioral health, or substance	Outpatient services	No Charge; <u>deductible</u> does not apply	Not Covered	Virtual visits are available. Prior authorization may be required; see your benefit booklet* for details.
health, or substance abuse services	Inpatient services	No Charge; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required; see your benefit booklet* for details.

Common		What You Will Pay		Limitationa Evagráfiana 8 Othar
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Office visits	Primary care: \$20 <u>Specialist</u> : \$60; <u>deductible</u> does not apply	Not Covered	<u>Copayment</u> applies to first prenatal visit (per pregnancy). <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of services, a <u>copayment</u> or <u>deductible</u> may apply. Maternity care
If you are pregnant	Childbirth/delivery professional services	\$125/visit; <u>deductible</u> does not apply	Not Covered	
	Childbirth/delivery facility services	\$150/visit after <u>deductible</u>	Not Covered	may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Home health care	\$20/day; <u>deductible</u> does not apply	Not Covered	100 visits/year. Prior authorization may be required.
If you need help recovering or have other special health needs	Rehabilitation services	Physical, occupational and speech therapies: \$20/visit; <u>deductible</u> does not apply All other <u>rehabilitation services</u> : No Charge after <u>deductible</u>	Not Covered	Physical, occupational, and speech therapies in an office or outpatient setting, performed by <u>providers</u> acting within the scope of their license, including Chiropractors and Doctors of Oriental Medicine. Prior authorization may be required. See your benefit booklet* for details.
	Habilitation services	Physical, occupational and speech therapies: \$20/visit; <u>deductible</u> does not apply All other <u>habilitation services</u> : No Charge after <u>deductible</u>	Not Covered	
	Skilled nursing care	\$60/day; <u>deductible</u> does not apply	Not Covered	60 days/year. Prior authorization may be required.
	Durable medical equipment	\$20/day; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required.
	Hospice services	\$60/day; <u>deductible</u> does not apply	Not Covered	Prior authorization may be required.
If your child needs dental or eye care	Children's eye exam	No Charge; <u>deductible</u> does not apply	Up to a \$30 reimbursement is available; <u>deductible</u> does not apply	One visit per year. Out-of-network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details.
	Children's glasses	No Charge; <u>deductible</u> does not apply	Up to a \$50 reimbursement is available; <u>deductible</u> does not apply	One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased out-of-network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Important Information
	Children's dental check-up	Not Covered	Not Covered	Pediatric dental coverage can be purchased separately as a stand-alone policy.

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
<ul> <li>Abortion care (except if the pregnancy is the result of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed)</li> <li>Cosmetic surgery</li> <li>Dental care (Adult, routine dental)</li> </ul>	<ul> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul><li>Private-duty nursing</li><li>Routine eye care (Adult)</li></ul>		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
<ul> <li>Acupuncture (20 visits/year unless for habilitative or rehabilitative purposes)</li> <li>Bariatric surgery</li> <li>Chiropractic care (20 visits/year unless for habilitative or rehabilitative purposes)</li> </ul>	<ul> <li>Hearing aids (limit 1 item per hearing impaired ear every 3 years)</li> <li>Infertility treatment (only for diagnosis and medically indicated treatments for physical conditions causing infertility)</li> </ul>	<ul> <li>Routine foot care (when <u>medically necessary</u>)</li> <li>Weight loss programs (only dietary evaluations, <u>medically necessary prescription drugs</u> and counseling for medical management of morbid obesity and obesity are covered)</li> </ul>		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at 1-866-236-1702. You may also contact your state insurance department at 1-855-427-5674. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u> or the New Mexico State-Based Exchange BeWellnm at <u>www.BeWellnm.com</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and <u>Appeals</u> Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of New Mexico (BCBSNM) <u>Appeals</u> Unit at 1-833-415-0566. You may also contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the New Mexico Superintendent of Insurance toll-free at 1-855-427-5674 or visit <u>www.osi.state.nm.us</u>.

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-236-1702. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-236-1702. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-236-1702. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-866-236-1702.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Ba</b> (9 months of in-network pre-nata hospital delivery)	
The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$60

Specialist copayment	\$60
Hospital (facility) <u>copayment</u>	\$150
Other	\$0

## This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing	
Deductibles	\$3,000
Copayments	\$800
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,860

## Managing Joe's Type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall deductible	\$3,000
Specialist copayment	\$60
Hospital (facility) <u>copayment</u>	\$150
Other	\$0

## This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
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### In this example, Joe would pay:

Cost Sharing		
Deductibles	\$800	
<u>Copayments</u>	\$900	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,720	

# **Mia's Simple Fracture** (in-network emergency room visit and follow

|--|

The plan's overall deductible	\$3,000
Specialist copayment	\$60
Hospital (facility) copayment	\$150
Other	\$0

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

#### In this example. Mia would pay:

Cost Sharing	
Deductibles	\$2,000
Copayments	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,400

BlueCross BlueShield of New Mexico

Health care coverage is important for everyone. We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.		
To receive language or communication assistance free of charge, please call us at 855-710-6984.		
If you believe we have failed to provide a service, or thin Office of Civil Rights Coordinator 300 E. Randolph St. 35th Floor Chicago, Illinois 60601	k we have discrim Phone: TTY/TDD: Fax:	855-664-7270 (voicemail)
You may file a civil rights complaint with the U.S. Depa U.S. Dept. of Health & Human Services 200 Independence Avenue SW Room 509F, HHH Building 1019 Washington, DC 20201	Phone: TTY/TDD: Complaint Po	800-368-1019

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If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.
العربية Arabic	إن كان لديك أي لدى شخص تساهده أسللة، فلديك الحق في الحصول بلغ المساعدة و لمطومات الضرورية بلغتك من دون ية تكلفة المتحدث مع مترجم فرري، اتصل بلغ الرم 6984-710-855.
繁體中文 Chinese	如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprête, appelez 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an.
ગુજરાતી	જો તમને અથવા તમે મદદ કરી રહ્યા ફોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયક્રેમ બાબતે પ્રશા ફોય, તો તમને વિના ખયેર્, તમારી ભાષામાં મદદ અને
Gujarati	માફતી મેળવવાનો ફક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો.
हिंदी	यिद आपके, या आप जिसकी सहायता कर रहे हैं उैसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है।
Hindi	किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।.
Italiano	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il
Italian	numero 855-710-6984.
한국어	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그려한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가
Korean	필요하시면 855-710-6984 로 전화하십시오.
Diné	T'áá ni, éí doodago la'da biká anánilwo'ígii, na'idíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e niká a'doolwol dóó bína'ídiłkidigíí bee nil h odoonih.
Navajo	Ata'dahalne'igií bich'j' hodiílnih kwe'é 855-710-8984.
فارسی	اگر شما، یا کسی که شما به ای کمک می کنید، سؤالی داشته بنشید، حق این را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید جهت گفتگو با یک مترجم شهافی، با شماره
Persian	انمستا حاصل نمایید /6984-710-858
Polski	Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z
Polish	tłumaczem, zadzwoń pod numer 855-710-6984.
Русский	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке.
Russian	Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.
اردز. Urdu	ائس آپ کو، یا تمنی ایسے فرد کو جن کئی آپ جدد کوریے ہوں شوٹل درپیش سے شر، آپ کل اپنی زیان میں مفتحدد اور العلومات حاصل کون ہے کا حق سے۔ مقرح مان ہے جات کرنے کانے بڑے 485-710-8984 پر کال شویں۔
Tiếng Việt	Nếu quý vị, hoặc người mà quý vị giúp đờ, có câu hói, thi quý vị có quyền được giúp đờ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Đế nói chuyện với một thông
Vietnamese	dịch viên, gọi 855-710-6984.