



24/7 Nurseline

**Nurses available anytime  
you need them.**



### Health problems don't always follow a 9-to-5 schedule.

**Nurses are available anytime.** They can help you decide if you should see your doctor, go to the Emergency Room or Urgent Care or treat and/or monitor the condition yourself for the time being. Plus, when you call, you can access an audio library of more than 500 health topics from allergies to women's health.

### Call for health problems, such as:

- Asthma, back pain or chronic health problems
- High fever or sore throat
- A baby's nonstop crying
- Dizziness or severe headache
- Cuts or burns

**Get the information you need, just when you need it.**

**Call toll-free at 877-213-2567 (TTY: 711).**

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**Hours of Operation: Anytime**

Such services are funded in part with the State of New Mexico.

The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan.

Limitations, copayments, and restrictions may apply.

Benefits, formulary, pharmacy network, provider network, and/or copayments/coinsurance are subject to change.

To ask for auxiliary aids and services or materials in other formats and languages at no cost, please call 1-866-689-1523 (TTY/TDD: 711).

Blue Cross and Blue Shield of New Mexico complies with applicable federal civil rights laws and does not discriminate on the basis of health status or need for services or race, color, national origin, age, disability, sex, ancestry, spousal affiliation, sexual orientation and/or gender identity. See our full non-discrimination notice and contacts.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Llame al 1-855-710-6984 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éi ná hóló, kojí' hódííłnih 1-855-710-6984 (TTY: 711).

Note: For medical emergencies, call 911. This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.

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